

Three Weeks to a Healthier You – Monday Nights

FREE ONLINE CLASS

Monday • 7:00 – 8:00PM Central Time

Are you ready to get started towards a healthier you?

Are you new to First Place For Health?

We're kicking off a free, three week online class just for you.

CLASS DATES

**April 13th • April 20th •
April 27th**

The first meeting is Monday, April 13, 2020, 7-8PM Central Time

First Place for Health is about community. For three weeks, we'll meet together once a week and be encouraged and inspired and learn strategies for success. We'll talk about food and scripture, exercise and prayer, and a whole lot more. Join us and take the first step to a healthier you.

All materials needed for the class are provided.

IMPORTANT NOTE: This class is for new members only.

▪ Name*

First Last

▪ Address*

Street Address Address Line 2
 City State / Province / Region
 ZIP / Postal Code Country

▪ Phone*

▪ Email*

▪ How did you hear about First Place For Health?*

- FPFH Website
- FPFH Leader
- Friend
- Postcard
- Newsletter
- Email

- Radio
 - Facebook
 - New to First Place For Health*
 - I agree that I'm new to First Place For Health
- Our ministry was founded in 1981 and thousands have participated in the ministry. This three week group is for people new to our ministry.

Submit