



Success Story Work Sheet

One Point:

Spiritual Truth (you'll wind throughout):

Verse or a quote?

Scenes (Show, don't tell):

- 1.
- 2.
- 3.

Introductory Sentence:

Closing Sentence (tie back to the beginning—full circle):

Sensory bits—see, taste, hear, smell, feel:

- | | | |
|----------|----------|----------|
| 1. _____ | 3. _____ | 5. _____ |
| 2. _____ | 4. _____ | 6. _____ |

(Remember, if you are writing to encourage others with food and health issues, be careful not to use sensory food “trigger words.”)

Hero’s Journey:

Inciting Incident:

The first step on the journey:

The up and down journey

The satisfying ending:

Don’t Forget to mention the impact of First Place on your journey.

Where can you use this story? (Think—written testimony, before/after success story, as a speaker, online, podcast, shared privately)

Brainstorm other points from your journey to write as different stories:

Remember to think in “different size modules.” For instance, FP4H may want a 500-word story for the newsletter. A three-minute spoken YouTube story may be 1000 words. A magazine story might require 1500 words. One story can be written in all three formats.