



FIRSTplace

FOR HEALTH

Living strong and healthy is about freedom, not perfection. Join us for a day focused on your wellness.

**Saturday, Oct 12, 2019
9:00AM to 3:00 PM**

Fellowship Baptist Church
487 Fellowship Rd
Trout, LA 71371

COST IS \$25

Includes: lunch, material & activities
*price goes up to \$35 after Oct 5th

REGISTER ONLINE

www.FirstPlaceforHealth.com

MORE INFO

Joyce Ainsworth - Regional Leader

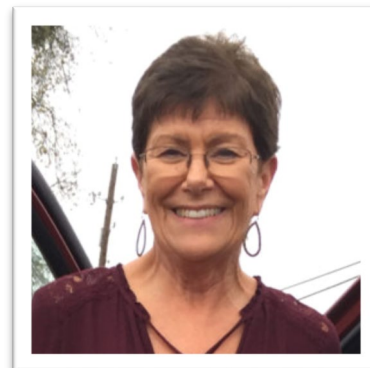
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Nancy Smith - Regional Leader

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Joyce Ainsworth



Nancy Smith