



FIRSTplace

FOR HEALTH

Wellness Workshop

YOUR WELLNESS JOURNEY STARTS NOW

*Living strong and healthy is about freedom, not
perfection. Join us for a day focused on your wellness.*

**Saturday, Sept 21, 2019
10AM to 2PM**

Beach Lake United Methodist Church
7 Milanville Road
Beach Lake, PA 18405

COST IS \$15

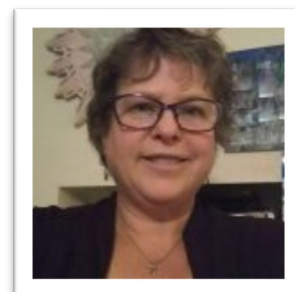
Includes: lunch, material & activities
*price goes up to \$20 after Sept 14th

REGISTER ONLINE

www.FirstPlaceforHealth.com

MORE INFO

Allison Francesco - Regional Leader
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Allison Francesco